Isolation Guidance for Employees Exposed to COVID-19

Workplace Exposure

For workplace exposures, company management or Occupational Health/HR should notify those who were potentially exposed.

- An individual who was exposed to a known COVID positive individual in the workplace MUST notify management or Occupational Health/HR and wear a surgical mask at **ALL TIMES**. They should self-monitor for symptoms for 14 days after the exposure.
- For any individual who is monitoring symptoms, in the event any respiratory symptoms or fever develops, they should STOP work immediately, remove themselves from the workplace, contact their supervisor, notify management or Occupational Health/HR and undergo assessment for COVID-19.
- There is NO indication for testing asymptomatic, exposed employees.

Household Exposure

For household exposures to a confirmed COVID-19 positive person, any exposed individual will be required to self-quarantine at home for 14 days as per CDC guidance.

Individuals tested for COVID-19 MUST remain home on self-isolation until test results return.

If COVID-19 negative:

- If worker has a fever, they must stay at home until no fever for 24 hours without medication.
- If worker only has respiratory symptoms, they can return to work but should wear a mask until that is resolved.
- If worker is asymptomatic, they can return to work.

If COVID-19 positive:

- Worker MUST stay home on self-isolation for a minimum of 7 days.
- Worker may return to work after 7 days provided, they are fever free for 72 hours without medication and do not require note from doctor to return to work.

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